

SNHSA's Vision: *To bring the joy of horse sports to as many people as possible.*



2018 Issue #5

July 21, 2018

Calendar & Quick Links
(Links also available on www.SNHSA.org)

SNHSA Upcoming Horse Shows!

2018 SNHSA Horse Shows

***Please note: Prize lists for the Ironwood Events Center and Red Rock Hounds horse shows have been updated and revised. The order of the two College Preparatory Program classes have been moved to a later time slot, but the class numbers remain the same.**

July 29.....Ironwood Events Center Horse Show

PLEASE NOTE: Classes 6 & 7 have been moved to take place after Class #19
[Revised Prize List & Registration Form](#)

Aug. 4.....Meadow View Farms Horse Show

[Prize List & Registration Form](#)

Aug. 11-12.....Red Rock Hounds Horse Show

PLEASE NOTE: Classes 13 & 14 have been moved to take place after Class #18
[Revised Prize List & Registration Form](#)

Quick Links

[2018 SNHSA Show Calendar \(updated 7-19-18\)](#)

[2018 SNHSA Rule Book and By Laws](#)

[2018 SNHSA Rule Book Changes and Amendments](#)

[2018 SNHSA Membership Form](#)

***New: [State veterinarian encourages biosecurity \(7/19/18 News Release\)](#)**

[Biosecurity - The Key to Keeping Your Horses Healthy brochure](#)

[Strangles - fact sheet](#)

~ SNHSA Junior Ambassador & Member Education News ~

Four educational clinics will be offered through the SNHSA Junior Ambassadors and Member Education Committee with three occurring in September. SNHSA Advocate and Competing Members receive a discounted clinic price.

Sept. 2 - Saddle Fit Clinic by Emily Eyles, hosted by Maplewood Stables, 425 Laramie Dr., Reno

Emily Eyles of JRD Saddles will walk riders through the importance of saddle fit for horse and rider, including kissing spine prevention, how to appropriately fit a saddle and why we try different saddles.

Kissing spine is an epidemic caused by hollow riding and ill-fitting saddles. It often causes significant pain and horses suffering from it become unwilling, tense, despondent and fractious. They are often misunderstood and mislabeled as lazy, rude, just stiff and aging, or lacking focus. Riders often put more pressure on them to perform. Kissing spine diagnosis is not just crippling for horses, but often devastating for horse owners. Riding was never intended to compromise the wellbeing of the horse or diminish horse and rider harmony and joy. Join us to tap into a session of insightful and empathetic lessons that will help us give back to the horses who give so much to us.

[Sept. 2 Saddle Fit Clinic Flyer](#)

[Sept. 2 Saddle Fit Registration form](#)

[Sept. 2 Saddle Fit Clinic Waiver & Release Form](#)

Sept. 7-8 - Mental Skills Coaching Seminar with Tonya Johnston, hosted by Meadow View Farms, 2600 Rhodes Rd., Reno

Tonya Johnston, equestrian, mental skills coach and author of "Inside Your Ride," will be leading riders through a two-and-a-half-hour unmounted seminar on Friday evening, Sept. 7, from 5:00 to 7:30 p.m. to discuss mental strength, preparation routine, mental skills strategies and various tools for execution.

Those who participate in the unmounted portion will also receive mental skills coaching during the SNHSA show at Meadow View Farms on Saturday, Sept. 8. Tonya will connect with riders to goal plan their courses and trouble shoot any issues prior to mounting for their classes. (Saturday pre-ride session TBD based on class entries.) Trainers are welcome to participate.

Tonya received her BA in Psychology from UC Santa Cruz and her Master's in Sport Psychology from John F. Kennedy University and very much looks forward to her visit to Reno.

[Sept. 7-8 Mental Skills Seminar Flyer](#)

[Sept. 7-8 Mental Skills Seminar Registration form](#)

[Sept. 7-8 Mental Skills Seminar Waiver & Release Form](#)

Sept. 16 - Equine Bodywork, Biomechanics and Riding Clinic with Melissa Kalember, hosting location TBD

Melissa Kalember of Kalember Equine will be teaching riders equine biomechanics and how our riding affects their performance during a combination clinic with an hour and a half unmounted and an hour and a half mounted session. During the mounted portion, riders will learn the main areas of tension in their equine athletes, feel the difference in the muscle states and practice simple yet effective techniques that they can apply while riding. This will include feel, balance and alignment. Melissa is a USEF R Judge, SAHJA Judge, USHJA Certified Trainer and Certified Equine

Massage Therapist. She serves on the committee for the USHJA Zone 10 and the board for NorCal Hunter Jumper Association.

Dec. 8-9 - Bernie Traurig Clinic, hosted by Meadow View Farms, 2600 Rhodes Rd., Reno

Bernie Traurig of EquestrianCoach.com will be leading riders through a progressive two-day clinic that will cover all jumping disciplines from Novice to Advanced and all heights. There will be a Saturday evening unmounted session with Bernie, as well and auditors are welcome. Bernie is very well known for both his riding talents and his excellent coaching ability. Among his many accomplishments as a competitor are representing the United States Equestrian Team both at home and abroad, reaching the top of the sport in all three of the International Equestrian Olympic disciplines: Show Jumping, Dressage and Eventing. Bernie was inducted into the Show Jumping, Show Hunter Hall of Fame in 2009, received the Lifetime Achievement Award from the California Professional Horseman's Association in 2010 and in 2012, he was awarded the USHJA President's Distinguished Service Award. He is a USHJA Certified Trainer and is recognized as a legend in the sport. All participants will receive a 50% discounted annual membership to EquestrianCoach.com.

[Dec. 8-9 Bernie Traurig Clinic Flyer](#)

[Dec. 8-9 Bernie Traurig Clinic Registration form](#)

[Dec. 8-9 Bernie Traurig Clinic Waiver Form](#)

Inaugural Year of the Collegiate Preparatory Program!

Many of you are aware that UNR has reestablished its equestrian program and in honor of that, SNHSA is launching a new Collegiate Preparatory Program to help riders develop the skills necessary to move to a college show circuit. Upcoming shows that will hold the classes are:

- Ironwood Events Center Horse Show July 29
- Meadow View Farms Horse Show Aug. 4
- Red Rock Hounds Horse Show Aug. 11
- Meadow View Farms Horse Show Sept. 8
- SNHSA Benefit Show Sept. 22

Please follow this link for details: <http://www.snhsa.org/junior-ambassadors-program.html>.

For further information on any of the education clinics, Junior Ambassadors or the College Preparatory Program, please contact Tiffany Coury at (941) 807-1426.

2018 SNHSA DIVISION & PROGRAM SPONSORS

The Sierra Nevada Horse Show Association (SNHSA) is an organization that promotes quality schooling and related equestrian competitions in Northern Nevada. In order to continue with this mission, the organization is seeking sponsors for 25 sanctioned divisions, Medals and Junior Ambassador-sponsored programs. By becoming a sponsor, you and/or your business will receive numerous marketing benefits throughout the show season in the form of public announcements, banner placement opportunities at sanctioned events, and logo placement in the monthly newsletter depending upon the Sponsorship level chosen.

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[Balance Point Training](#) - Level 1 Jumpers



[Meadow View Farms](#) - Pony Hunters

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